



## **Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV**

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**Appendix B, Table 2. Nucleoside Reverse Transcriptase Inhibitor-Based, Fixed-Dose Combination Tablets for Use as Part of an Antiretroviral Regimen (Last updated July 10, 2019; last reviewed December 18, 2019)**

The following table includes dose recommendations for FDA-approved, dual-NRTI FDC products. These FDC tablets **are not complete regimens** and must be administered in combination with other ARV drugs.

Please see the class-specific drug characteristics tables ([Appendix B, Tables 3 to 6](#)) for details about the individual drugs contained in these FDC products, including information on elimination and metabolic pathways, serum and intracellular half-lives, and adverse effects. The FDC tablets in this table are listed by trade name.

Trade Name (Abbreviations)	ARV Drugs Included in the FDC Tablet	Dosing Recommendation <sup>a</sup>
<b>TAF or TDF plus an NRTI</b>		
<b>Descovy</b> (TAF/FTC)	Tenofovir alafenamide 25 mg/emtricitabine 200 mg	One tablet once daily
<b>Cimduo</b> (TDF/3TC)	Tenofovir disoproxil fumarate 300 mg/lamivudine 300 mg	One tablet once daily
<b>Temixys</b> (TDF/3TC)	Tenofovir disoproxil fumarate 300 mg/lamivudine 300 mg	One tablet once daily
<b>Truvada</b> (TDF/FTC)	Tenofovir disoproxil fumarate 300 mg/emtricitabine 200 mg	One tablet once daily
<b>Other NRTI-Based, FDC Tablets</b>		
<b>Epzicom</b> (ABC/3TC) <b>Note:</b> Generic product is available.	Abacavir 600 mg/lamivudine 300 mg	One tablet once daily
<b>Combivir</b> (ZDV/3TC) <b>Note:</b> Generic product is available.	Zidovudine 300 mg/lamivudine 150 mg	One tablet twice daily

<sup>a</sup> For dose adjustments in patients with renal or hepatic insufficiency, see [Appendix B, Table 10](#). All FDC tablets listed in this table can be taken without regard to food.

**Key:** 3TC = lamivudine; ABC = abacavir; ARV = antiretroviral; FDA = Food and Drug Administration; FDC = fixed-dose combination; FTC = emtricitabine; NRTI = nucleoside reverse transcriptase inhibitor; TAF = tenofovir alafenamide; TDF = tenofovir disoproxil fumarate; ZDV = zidovudine